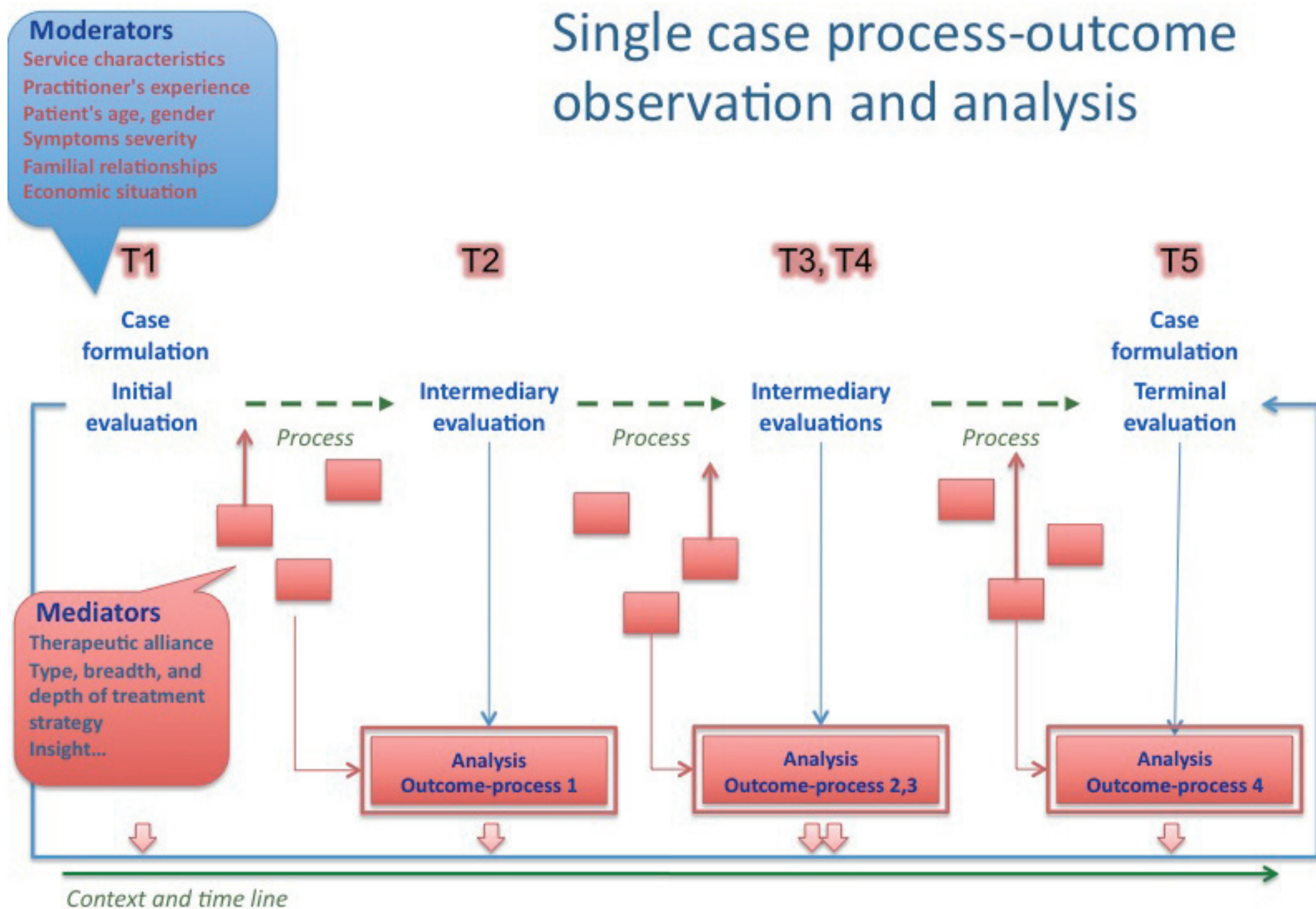


# French Psychotherapy Practice Research Network

**Objectives :** Studying outcome and mechanisms of change in naturalistic therapies for three major clinical problems : ● Self-damaging or mutilating acting processes at adolescents and adults with borderline personality disorder ● Development and emergences in the psychotherapy process of children with autistic syndrome ● Behavioral problems of Alzheimer patients.

**Method :** Prospective, longitudinal, observational study of more than 300 cases of patients from 150-300 clinicians working in peer's groups. Case formulation by clinicians and standardized assessments from verbatim and audio data. Comprehensive analysis of process with *Psychotherapy Process Q-sort* (Jones) and of functioning with *HSRS* (Luborsky) and *Psychodynamic Functioning Scales* (Hoglund). Analysis of data using differences between analogous cases, statistical mediation approach and chronological changes.



1. Systematic case studies
  - peers groups
    - 3 clinicians
    - 1 clinician = 2 cases
  - duration : 1 year
  - standardized assessment from verbatim and audio data
  - Content's analysis (exploratory) and statistics (confirmatory)
2. Comparative studies between analogous cases

1. Variables to be explained
  - Borderline patient's self-damaging or self-mutilating acting processes
  - Autistic patient's developmental evolution
  - Alzheimer patient's behavior or depression disorders
2. Explanatory variables
  - Quality of therapeutic alliance
  - Success of a targeted intervention
  - ...

- Functioning indicators (10 )
1. Autonomy,
  2. Symptoms' severity,
  3. Suffering and subjective distress,
  4. Consequences of the state of the patient on the entourage,
  5. Ability to use capacities, in particular in work,
  6. Quality of the interpersonal relationships,
  7. Width and the depth of the interests
  8. Expression and emotional tolerance,
  9. Insight,
  10. Problem's resolution and capacity of adaptation
- Functioning Instruments  
Health-Sickness Rating Scale. Luborsky 1975  
Psychodynamic functioning scales. Hoglund P. & al. 2000

- Process indicators (6)
1. Self representation, ability to think
  2. Psychic conflictuality
  3. Therapeutic alliance
  4. Involvement in therapy
  5. Defense mechanisms and coping abilities.
  6. Therapeutic action
- Process Instruments  
Psychotherapy Process Q-set, Jones E., 2000  
Child Psychotherapy Q-set, Schneider C. 2006

Systematic case studies are related to a descriptive epidemiological study

